

Reflect and Adjust a Plan



Name: _____ Date: _____

Use the material to work through each task. Show the requested response.

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Invented practice data or scenario; not a report of a real study.
A fictional student’s weekly plan repeatedly leaves too little time for travel and rest. The student reviews what happened.

1. Describe the main problem in the situation.

2. Name one possible feeling. What detail supports it?

3. Suggest a constructive next step.

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4. How might another person in the situation see it?

5. What might happen after your suggested step?

6. Write or tell an adult a respectful sentence the character could use.
