

Empathy in Action: Making Kind & Thoughtful Choices



Name: _____ Date: _____

Read each social scenario and choose the most empathetic and supportive action.

1. At recess, you notice a new student sitting alone by the bench watching others play soccer. What is the most empathetic choice?

- A. Ignore them because they didn't ask to join.
- B. Walk over with a friendly smile and invite them: 'Hi! Do you want to play on our team?'
- C. Tell your friends that the new student seems strange.
- D. Stare at them from across the field.

2. Your friend dropped their lunch tray in the crowded cafeteria and looks embarrassed. What should you do?

- A. Laugh out loud and point at the spilled food.
- B. Quickly walk over, help them pick up their tray, and say: 'Don't worry, accidents happen to everyone!'
- C. Pretend you don't know them so no one looks at you.
- D. Complain about the mess to the cafeteria monitor.